

TOUR OF SPEYSIDE

MULTI-STAGE CYCLE ROAD RACE

SATURDAY/SUNDAY 17th-18th JUNE 1989

STAGE 1

The Badenoch Stage

SPONSORED BY

J.K. ROBINSON BUILDING CONTRACTORS
NEWTONMORE
AND
BANK OF SCOTLAND
KINGUSSIE/NEWTONMORE
50 mile Road Race

STAGE 2

The Cairngorm Stage

SPONSORED BY

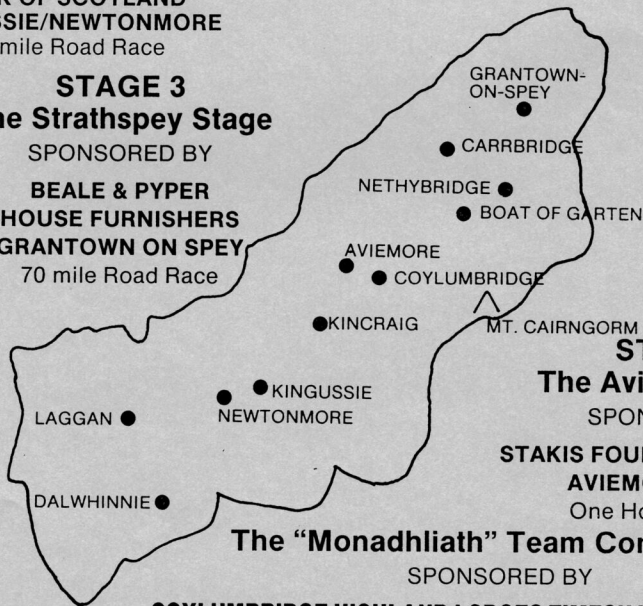
STAKIS COYLUMBRIDGE RESORT HOTEL
AVIEMORE
8 mile Mountain Time Trial

STAGE 3

The Strathspey Stage

SPONSORED BY

BEALE & PYPER
HOUSE FURNISHERS
GRANTOWN ON SPEY
70 mile Road Race



STAGE 4

The Aviemore Stage

SPONSORED BY

STAKIS FOUR SEASONS HOTEL
AVIEMORE CENTRE
One Hour 'Criterium'

The "Monadhliath" Team Competition

SPONSORED BY

COYLUMBRIDGE HIGHLAND LODGES TIMESHARE DEVELOPMENT

"Osprey Challenge" Points Competition

SPONSORED BY

STAKIS BADENOCH HOTEL
AVIEMORE CENTRE

"General Classification" Overall Competition

SPONSORED BY

STAKIS PLC.
AVIEMORE CENTRE



CAIRNGORM CYCLING CLUB

affiliated to:
N.O.S.C.A.
S.C.U.
B.C.F.

Welcome to the third STAKIS Tour of Speyside. The format of the race has been changed this year - the Mountain Time Trial is now Stage Two on Saturday afternoon and the final Stage is round the Aviemore Centre on Sunday Afternoon. Stages One and Three remain as before.

The Club is again indebted to the STAKIS Organisation and the Co-sponsors for their continued support and enthusiasm and wish all Riders, Officials and Helpers an enjoyable weekend.

Colin C. Horn Race Organiser.

ACKNOWLEDGEMENTS

The Cairngorm Cycling Club wish to thank the following, whose help in many ways have made this event possible.

STAKIS Hotels, Aviemore Centre.
STAKIS Badenoch Hotel.
STAKIS Coylumbridge Resort Hotel
STAKIS Four Seasons Hotel
Coylumbridge Highland Lodges Timeshare Development.
Beale & Pyper, Grantown-on-Spey.
J. K. Robinson, Newtonmore.
Bank of Scotland, Kingussie/Newtonmore
Highlander Hotel, Newtonmore.
The Lodge Hotel. Newtonmore.
Badenoch Land Management.
John Ross & Co., Dulnain Bridge.
Cluny Hill School of Motoring, Forres.
A. & N. Smith, Grantown-on-Spey.
Cairngorm Chairlift Co. Ltd..
Rothiemurchus Estate.
Highland Regional Council.
Badenoch & Strathspey District Council.
Strathspey Round Table.
Northern Office Technology, Inverness.
Police - Badenoch & Strathspey Sub-Division.
Members and Friends of the Cairngorm Cycling Club.
Officials of the North of Scotland Cycling Association.

STAKIS TOUR OF SPEYSIDE
Race Regulations

The STAKIS Tour of Speyside is run under the rules of the Scottish Cyclists Union together with those rules specified within this Manual and registration for this event signifies acceptance of same.

All Competitors, Team Managers, Race Officials, Drivers, Marshalls and Helpers must register for this event by signing on. Competitors must sign on prior to every Stage.

Race Control for Stages One, Three and Four is at the Reception Area, Aviemore Centre (South Door) and for Stage Two at the Woodshed Bar, STAKIS Coylumbridge Resort Hotel. This Hotel is 1 1/2 miles from Aviemore on the Cairngorm road.

Race H.Q. - STAKIS Badenoch Hotel, Aviemore Centre. Tel.(0479) 810261.

A Race Meeting will be held in the Highlander Room, Reception Area, Aviemore Centre, on Friday evening 16 June at 21.00. All Team Managers, Race Officials, Drivers, Marshalls and Helpers are asked to attend if possible.

Changing accommodation prior to Stages One, Three and Four will be in the Highlander Room, Reception Area, Aviemore Centre and prior to Stage Two will be at the Woodshed, Coylumbridge Hotel. Showers will be available after Stages One, Three and Four at the Swimming Pool, Aviemore Centre, and after Stage Two at the Swimming Pool, Coylumbridge Hotel.

NOTE - These facilities are for Competitors only.

Unauthorised following cars are prohibited.

Prize presentation - Stage Winners will be presented with Winners Sash immediately after Stage finish. Points Leader will be presented with Leaders Jersey immediately after Stage finish. Race Leader will be presented with Yellow Jersey prior to Stage start.

The final Prize Presentation will take place at 17.30 in the Osprey Room, Aviemore Centre.

ALL COMPETITORS ARE EXPECTED TO ATTEND.

High Tea will be available in the Crofters Bar from 16.30 - 17.30. High Tea will be free to all Competitors.

High Tea will be available to Family and Friends at a subsidised rate of £3.50. It is essential that advance notice is given for High Tea. Tickets can be obtained at Race Control prior to Stages One, Two and Three.

Race Service is a spare wheel service only and the Race Organisation is supplying two service cars.

Team Managers are asked to volunteer and supply service cars.

Each Competitor must supply one RACEWORTHY wheel - odd numbers a front wheel, even numbers a rear wheel.

ALL RACE SERVICE TO BE STRICTLY NEUTRAL

Competitors not in Club Teams may be grouped into Centre or Composite Teams.

STAKIS Tour of Speyside
Race Regulations

Competitions - General Classification.

Time Bonuses - Finish of Stages One, Three and Four.

1st. 15 seconds, 2nd. 10 seconds, 3rd. 5 seconds.

Primes and Hot Spots - 1st. 10 seconds, 2nd. 6 seconds, 3rd. 3 seconds.

NO TIME BONUSES ON STAGE TWO.

"OSPREY CHALLENGE" Points Competition.

Points for Primes - 1st. 4 points, 2nd. 3 points, 3rd. 2 points.

Points for Hot Spots - 1st. 3 points, 2nd. 2 points, 3rd. 1 point.

Points for timed section during Stage Two (from start to Glenmore)

1st. fastest 6 points, 2nd. 5 points, 3rd. 4 points, 4th. 3

points, 5th. 2 points, 6th. 1 point.

Stage One - Kincaig Prime, Newtonmore Hot Spot 1, Catlodge Prime, Newtonmore Hot Spot 2, Kingussie Hot Spot.

Stage Three - Carrbridge Hot Spot 1, Grantown-on-Spey Hot Spot 1

and 2, Loch Garten Hot Spot, Boat of Garten Hot Spot, Carrbridge

Hot Spot 2.

Stage Four - Hot Spots at 15, 30 and 45 minutes approximately.

Stage Two - The first 4.5 miles (from start to Glenmore Village)

will be timed. The six fastest riders will be awarded points.

"MONADHLIATH" Team Competition.

Any three riders to count from a team of four riders, calculated

on a stage by stage basis. Based on time - EXCLUDING BONUSES.

RACE FORMAT - Stages One, Three and Four are massed start road

racers. Stage Two is an individual time trial.

Competitors numbers will be from 1 to 60. Reserves 61 to 70.

ONLY 60 RIDERS START.

Numbers must not be folded.

Riders wearing competition jerseys must also wear their race numbers.

A single body number is permitted on Stage Two.

Special notes on Stage Four - One Hour Criterium.

The normal laps out procedure for short circuits will apply. The

Timekeeper will indicate when the boards are shown for the last

five laps. The race will end when the winner crosses the finish

line. Lapped riders times will be calculated on average times plus

adjustments to place lapped riders behind the last rider to

complete the full distance.

Riders will be adjudged to be lapped when overtaken by Lead Car.

Protests - Including Protest Fee of £10 - must be handed, in

writing, to the Chief Commissaire within one hour of Stage

finishes.

Protests regarding results must be handed, in writing, to the

Chief Commissaire not less than 30 minutes prior to the start of

the next stage.

The Race Jury will comprise of the Organiser, Chief Judge and

Chief Commissaire. Decisions by the Race Jury will be final.

STAKIS Tour of Speyside
 Stage One The Badenoch Stage Saturday 17 June.

Signing-on 08.30-09.40 Aviemore Centre Reception Area.
 Start - 10.00

Miles Time Route

0	10.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised
0.8		Leave Centre. Turn right onto B9152
1.2		Turn left onto Cairngorm Road
1.4	10.05	Official Start on bridge over River Spey
1.9		Turn right at Inverdrue onto B970 for Feshie Bridge
7.7	10.20	Feshie Bridge <u>GREAT CARE AND ATTENTION</u>
8.6		Turn right for Kincaraig
9.6		Enter Kincaraig Very narrow Bridge <u>GREAT CARE AND ATTENTION</u> Telephone Kiosk
9.8	10.25	KINCRAIG PRIME - hydro pole No. 10 app. 30 yds before T junction. At junction turn left onto B9152 for Kingussie
14.0	10.35	Passing through Lynchat
15.3	10.38	Enter Kingussie (Zebra Crossing mid town)
16.1		Leave Kingussie
18.0	10.45	Enter Newtonmore
18.8		NEWTONMORE HOT SPOT No 1 (Zebra Crossing)
19.0	10.48	Bear right onto A82 for Laggan
19.4		Leave Newtonmore
26.8	11.07	Laggan Bridge
27.1		Turn left at Monadhliath Hotel onto A889
28.0		CATLODGE PRIME
28.6	11.12	Turn left for Glentruim (SINGLE TRACK ROAD) Kiosk
33.0	11.22	Turn left onto A9 <u>GREAT CARE AND ATTENTION</u>
34.5	11.26	Turn left onto B9150
35.6	11.29	Enter Newtonmore
36.0		NEWTONMORE HOT SPOT No 2
36.8		Leave Newtonmore
38.3	11.36	Enter Kingussie
39.0		KINGUSSIE HOT SPOT (Duke of Gordon Hotel)
39.5		Leave Kingussie
40.8	11.40	Passing through Lynchat
44.9	11.52	Kincaraig (straight-on on B9152)
48.8	12.02	Lynwilg Hotel
50.6	12.06	Enter Aviemore
51.2	12.08	Turn left into Aviemore Centre
51.8	12.10	Finish 3/4 way round Aviemore Centre at Fuel Depot

Stage Two The Cairngorm Stage Saturday 17 June.

Signing-on - At least 20 minutes before departure at new Race
 Control at the Woodshed Bar, Coylumbridge Resort Hotel.
 First Man Off - 15.00 REVERSE GEN> CLASS> ORDER
 Route - Start at Woodshed Bar within grounds of Hotel. Great Care
 must be taken during the first 200 metres to leave the Hotel and
 turn left onto main road. Proceed on main road via Glenmore
 Village and up the Ski Road via the one-way system to finish in
 car park at top of Ski Road.

STAKIS Tour of Speyside
The Strathspey Stage Sunday 18 June.

Signing-on 08.00-08.40 Aviemore Reception Area.

Start - 09.00

Miles Time Route

0	09.00	Start at Badenoch Hotel, Aviemore Centre. Neutralised
0.8		Leave Centre, turn left onto B9152 for Carrbridge.
1.7	09.06	Official Start at de-restriction signs.
2.7		T junction, continue straight on, on A95.
5.2	09.14	Kinveachy junction, continue straight on, on B9153
7.9	09.20	CARRBRIDGE HOT SPOT 1 (Bistro)
8.1		Turn right onto A938 for Grantown-on-Spey
10.2	09.26	Duthil
14.8	09.37	Dulnain Bridge, continue straight on, on A95
17.2	09.43	Enter Grantown-on-Spey
17.8	09.45	Turn right onto A95/A939 at Traffic Lights
21.9	09.55	A95 Cromdale village. Turn left immediately after 40 Restriction Sign
22.5		Narrow bridge over River Spey (DANGER)
23.5		T junction, turn left for Grantown-on-Spey
25.0	10.03	T junction, turn left onto A939
25.4		GRANTOWN ON SPEY HOTSPOT 1 (War Memorial)
25.6		Turn left onto A95/A939 at Traffic Lights <u>START SECOND CIRCUIT</u>
29.7	10.14	A95 Cromdale village. Turn left immediately after 40 Restriction Sign
30.3		Narrow bridge over River Spey (DANGER)
31.3		T junction, turn left for Grantown-on-Spey
32.8	10.22	T junction, turn left onto A939
33.2		GRANTOWN ON SPEY HOTSPOT 2 (War Memorial)
33.4		Turn left onto A95/A939 at Traffic Lights
33.6		Leave Grantown-on-Spey on A95 for third time
34.4	10.26	Turn right onto B970 for Coylumbridge
38.1	10.35	Pass Abernethy Church
38.2		Turn left for Lurg
38.4		T junction, continue straight on for Lurg
39.0	10.38	Nethybridge, Causer X roads, turn right
39.6		T junction at Nethybridge Hotel, left onto B970
40.0	10.40	Turn left for Loch Garten
41.0		Fork junction, bear right for Loch Garten
42.3		T junction, straight on for Loch Garten
42.9	10.47	OSPREY HIDE (GREAT CARE & ATTENTION)
43.1		LOCH GARTEN HOTSPOT
44.5		T junction, turn left onto B970
45.1		T junction, turn right for Boat of Garten
45.3		Cross River Spey, enter Boat of Garten
45.7		T junction, turn left
45.9	10.55	BOAT OF GARTEN HOTSPOT
47.1		T junction at Deshar School, left onto A95
47.8	11.00	Kinveachy junction, turn right onto B9153
50.5	11.06	CARRBRIDGE HOTSPOT 2 (Bistro)
50.7		Turn right onto A938 for Grantown-on-Spey
52.8	11.12	Duthil
57.4	11.24	Dulnain Bridge, turn right onto A95
65.1	11.42	Kinveachy junction, left on A95 for Aviemore
67.6	11.47	T junction, straight on, on B9152
69.7	11.54	Aviemore. Turn right into Aviemore Centre
70.3	11.56	Finish 3/4 way round at Fuel Depot.

STAKIS TOUR OF SPEYSIDE
The Aviemore Stage

Sunday 18 June

Stage Four

Signing-on 14.00-14.40 Aviemore Centre Reception Area.
Start - 15.00 Car Park, STAKIS Four Seasons Hotel.
Route - Round circular road at Aviemore Centre. The race will be neutralised from the car park for 3/4 way round the 0.8 mile circular road to the official start at the finish area.
Race distance - One hour.
Hot Spots - at 1/4 hour, 1/2 hour and at 3/4 hour.

STAKIS TOUR OF SPEYSIDERACE PERSONNEL

Chief Commissaire	Tom Bruce	Driver	Peter Finlayson
Chief Judge	Dick Londragan	Driver	Tom Mackie
Commissaire One	Al Sutton	Driver	Des McPherson
Commissaire Two	Jim Gordon	Driver	David Forbes
Prime Judge	Mary Bell	Driver	Alan Bell
Timekeeper	Sandra Laverty		
Announcer	John MacMillan	Driver	Jim Howieson
Lead Car/Timekeeper	Nannie MacLennan	Driver	Hugh MacLennan
Protocol	Dennis and Ann Speight		
First Aid	Sarah Nisbet	Driver	Lachie Robertson
Number Steward/Judge	Amelia Horn		
Broom Wagon	Susan Smith and Nicola Steel		
Clerk of the Course	Sam Crymble		
Results Room	Dick Londragan, Sandra Laverty, Mary Bell		
	Penny Mackenzie, Jim Gordon		
Motorcycle Marshalls	Dave Wescott/Star Riders		
Chief of Service	Peter H. Robertson		
Service One	Peter H. Robertson/Ewan Mackenzie		
Service Two	J. Ross & Co./Ian Baxter		
Liaison Officer	Iain Miller	STAKIS HOTELS.	
Race Organiser	Colin C. Horn	Driver	Norlie Swanson
	10 Strathspey Drive		
	Grantown-on-Spey		
	Morayshire PH26 3EY Tel.(0479)2323		

PRIZES

Place	Stage	One	Two	Three	Four	Gen. Class.	Team	Points
1		20	20	20	20	70	40	20
2		15	15	15	15	50	30	15
3		10	10	10	10	40	20	10
4		5	5	5	5	30	10	
5						25		
6						20		
7	Yellow Jersey-Stage 1-	£10				18	Green Jersey-Stage 1-	£5
8	"	"	"	"	2-	16	"	£10
9	"	"	"	"	3-	14	"	£10
10						12		
11						10		
12						8		
13	Total Prizes -	£728				6		
14						5		
15						4		
							Lantern Rouge -	£10

STAKIS TOUR OF SPEYSIDECOMPETITORS

SCOTLAND/STAKIS FOUR SEASONS HOTEL			DUNFERMLINE & DIST. CC		
1	Peter Cook	Dunedin CC / Macdonald Cycles	36	Brendon Roe	Dunfermline & Dist.
2	Andrew Mathieson	Musselburgh Roads 6C	37	Sandy Russell	Dunfermline & Dist.
3	Graham McGarrrity	Scotia CC / Stewart Gauges	38	Grant Smith	Dunfermline & Dist.
4	Fergus Watt	Albany Whls./C.R.Smith	39	G.S.CORSA / LASALLE / JVC	
GREAT BRITAIN FIRE SERVICE / HIGHLANDER HOTEL, NEWTONMORE			40	Malcolm Pritchard	GS Corsa/Lasalle/JVC
5	Stuart Addie	(Johnstone Whls. CC /	41	Norman Skene	GS Corsa/Lasalle/JVC
6	Kenneth Allan	(Dooleys Cycles	42	Gary Yeats	GS Corsa/Lasalle/JVC
7	Les Muir	(43	V.C. DE L'AVENIR / PEUGEOT	
8	Neil Stainthorpe	Mercury RT/Bentley	44	Tony Hastie	(VC de L'Avenir /
NORTH OF SCOTLAND C.A. / CALEY MARINA & CHANDLERY, INVERNESS			45	Richard McDonald	(Peugeot
9	Ivor Reid	Clachnacuddin CC	46	Ian Watson	(
10	Ewan Gordon	(Moray Firth RT /	47	SCOTIA C.C. / STEWART GAUGES	
11	Kenny Riddle	(Bikes of Inverness	48	Andrew Ferry	(Scotia CC /
12	Roddy Riddle	(49	Martin Ferry	(Stewart Gauges
V.C.OLYMPIA/STEWART WILSON CYCLES			47	Allan McCrae	(
13	Robert Aitken	(V.C.Olympia /	LODGE HOTEL		
14	Neil Cameron	(Stewart Wilson Cycles	48	Tom Gibson	RAF CC
15	Keith Mailer	(49	John Samuel	RAF CC
16	John Miller	(50	Toby Thomas	RAF CC
G.S.MODENA/M & M WINDOWS			FIFE / EAST		
17	David Gibson	(G.S.Modena /	51	Steve Beech	(Albany Whls /
18	Callum MacGregor	(M & M Windows	52	Andrew Davies	(C.R.Smith
19	Stewart Whittle	(53	Alan Clyne	(Hawick CC /
20	Martin Williamson	(54	David Henderson	(Bantel
C.C.BOWLAND/STAKIS COYLUMBRIDGE RESORT			COMPOSITE 'A'		
21	Martin Andrew	CC Bowland HOTEL	55	Mark Illingworth	(Johnstone Whls. CC/
22	Philip Leigh	CC Bowland	56	Andrew Young	(Dooleys Cycles
23	Glen Price	CC Bowland	57	Tom O'Neill	Inverclyde Velo
24	Jeff Wright	Tyne Velo	COMPOSITE 'B'		
ABERDEEN WHLS			58	Martin Coll	Ace RT / Peugeot
25	Martyn Brown	Aberdeen Whls.	59	Michael Howieson	Clachnacuddin CC
26	Robert Cowie	Aberdeen Whls.	60	Andrew Sutherland	Cairngorm CC
27	Philip Duncan	Aberdeen Whls.	RESERVES		
28	George Findlater	Aberdeen Whls.	61	Martin Schofield	Stirling University
GLASGOW SELECT			62	James Eadie	Lanark Valley CC
29	Stephen Campbell	Glenmarnock Whls.	63	Thomas Forbes	Wallacehill CC /
30	John Weldon	Glenmarnock Whls.	64	AOS / Olympia	Aberdeen Whls.
31	Neil Macleod	Glasgow Whls./T.S.B.	65	Alister Watt	Aberdeen Whls.
32	Steven Wyllie	Glasgow Whls./T.S.B.	65	Kenneth Russell	Strathclyde Univ. CC/
DUNEDIN CC / MACDONALD CYCLES			66	Campus Travel	Edinburgh RC
33	Ian Dobbie	(Dunedin CC /	67	Chris Clinkscale	Greenock RC
34	Murray Hogg	(Macdonald Cycles	68	Robert McGonigal	Forres CC
35	Marco Librizzi	(69	Peter Ettles	GS Modena /
				Alex Miller	M & M Windows

Note - Antony Stirrat/Roddy Riddle reserves for Scotland.

Michael Howieson reserve for NoSCA.

Alister Watt reserve for Aberdeen Whles.